



STAFF CARE PROGRAM
Connect. Strengthen. Thrive.



CAREGIVER SUPPORT GROUP

Caring for a loved one can be a special part of your life, and there are times when caregivers need help and support. If you are caring for a family member or friend, please join us!

Meets the Third Thursday of Each Month • 12:30pm - 1:30pm

USAID Staff Care Center • 1101 Pennsylvania Avenue, NW; Suite 531

(Directly across from the Old Post Office Pavilion in the Evening Star Building)

Contact: Pam Parmer Email: pparmer@usaidstaffcarecenter.net Tel: 301-529-9434

For U.S. and Overseas Call-in Participants:

1-800-704-9804 or 404-920-6604 Enter Conference Code 712627, and follow prompts.

If you have difficulty connecting, please hang up and try again.

All USAID staff and eligible family members have access to free, confidential assistance with any work, life, personal, or family issue. Any time, any day, you can contact us for live assistance, including short-term professional counseling, individual consultations, resources, referrals, and information.

IN D.C.? VISIT THE STAFF CARE CENTER:

1101 Pennsylvania Avenue NW, Suite 531, Washington DC 20004
HOURS: M & W: 10AM-6PM - T & TH: 11AM-7PM - F: 9AM-5PM

FREEPHONE: 877-988-7243 (877-98USAID)

DIRECT DIAL: 919-645-4960

Long distance or international calling charges are paid by the caller.

DIRECT DIAL/REVERSE CHARGES: +44 (0) 208 987 6550

Call your international operator and request that the charges be reversed to the number listed above.

SMS TEXTING: 919-324-5523 Standard text messaging rates may apply.

WEBSITE: www.staffcare.usaid.gov

REGISTRATION CODE: USAID

To ensure that we connect with you when e-mailing or texting, please provide your name, the country where you are located and the phone number where you can be reached.